bridgit ruhle

DESIGN

PORTFOLIO

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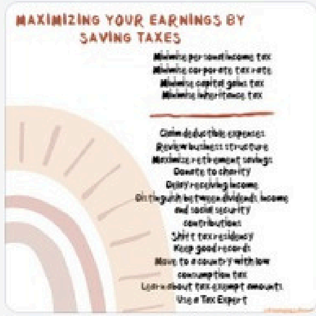
BRIDGIT@THELITTLEBUSINESSCO.COM

THE LITTLE BUSINESS CO.

EBOOK

1



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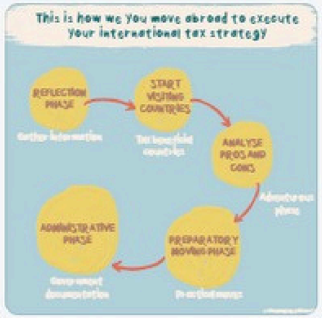

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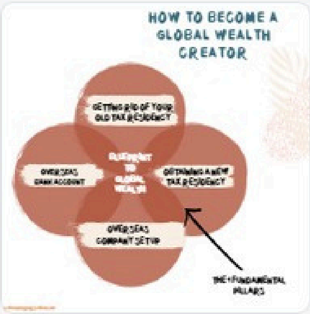

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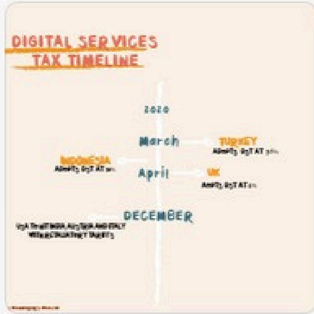

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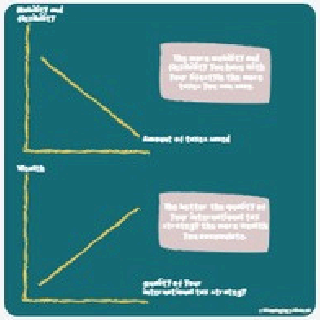
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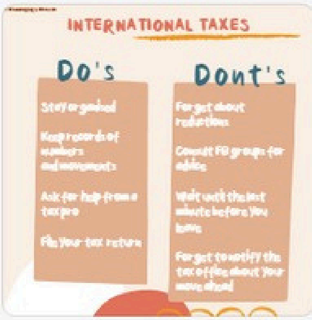

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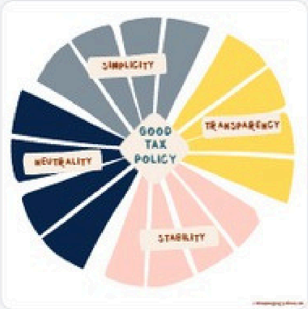

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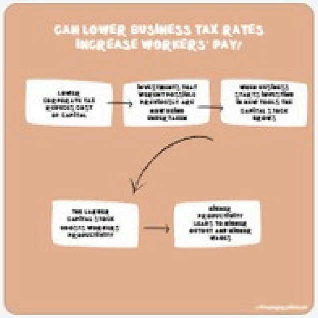

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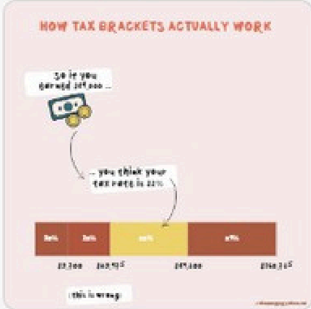

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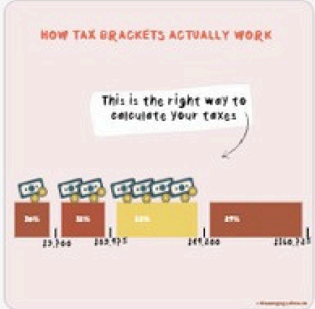

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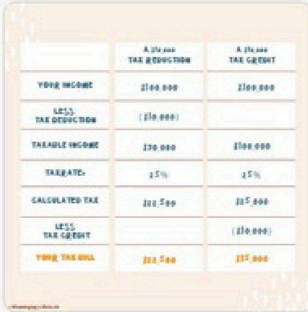

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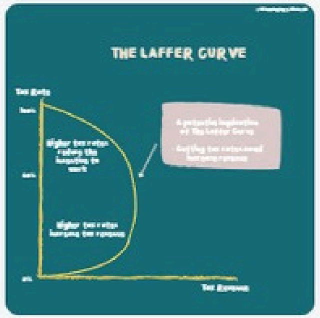

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BABY SHOWER FAVOUR TAG

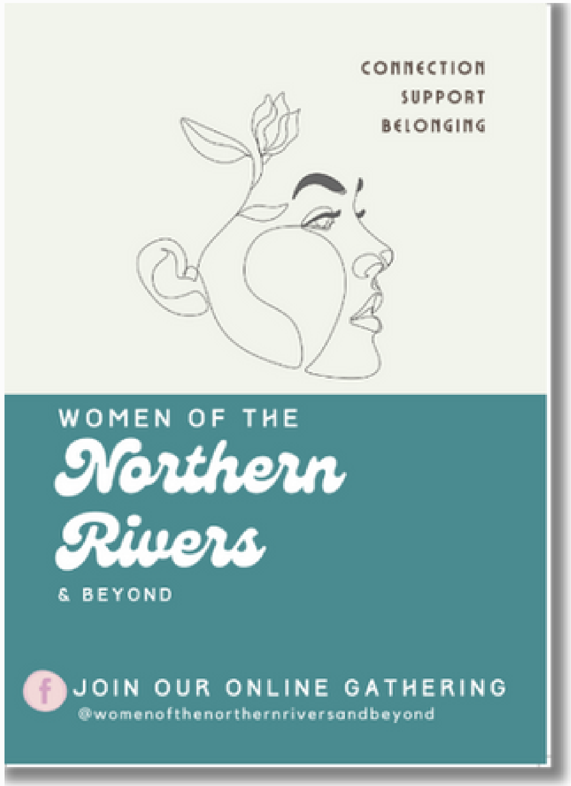
INVITATION

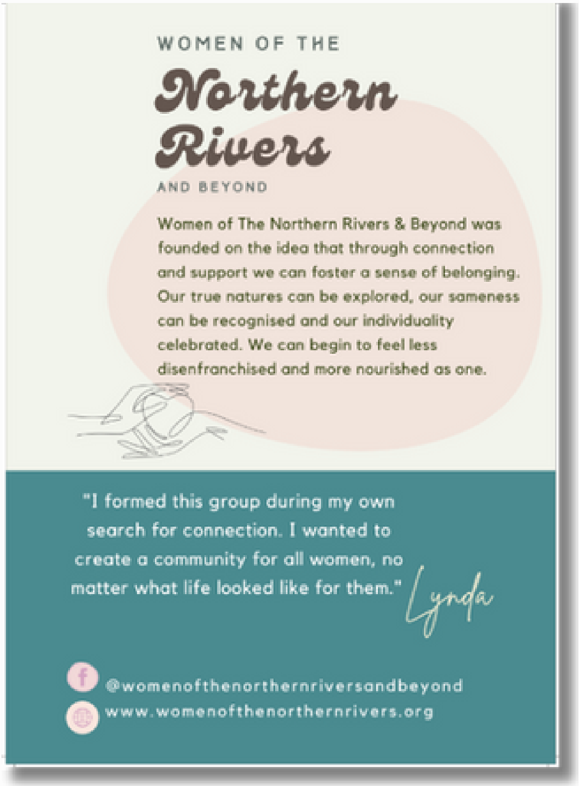
LOGOS

HASTINGS VALLEY
RESPITE

COSTELLO
GROUP PTY LTD

pots
& BRANCHES
PLANT BOUTIQUE
ESTB 2023





FLYERS

FLYER

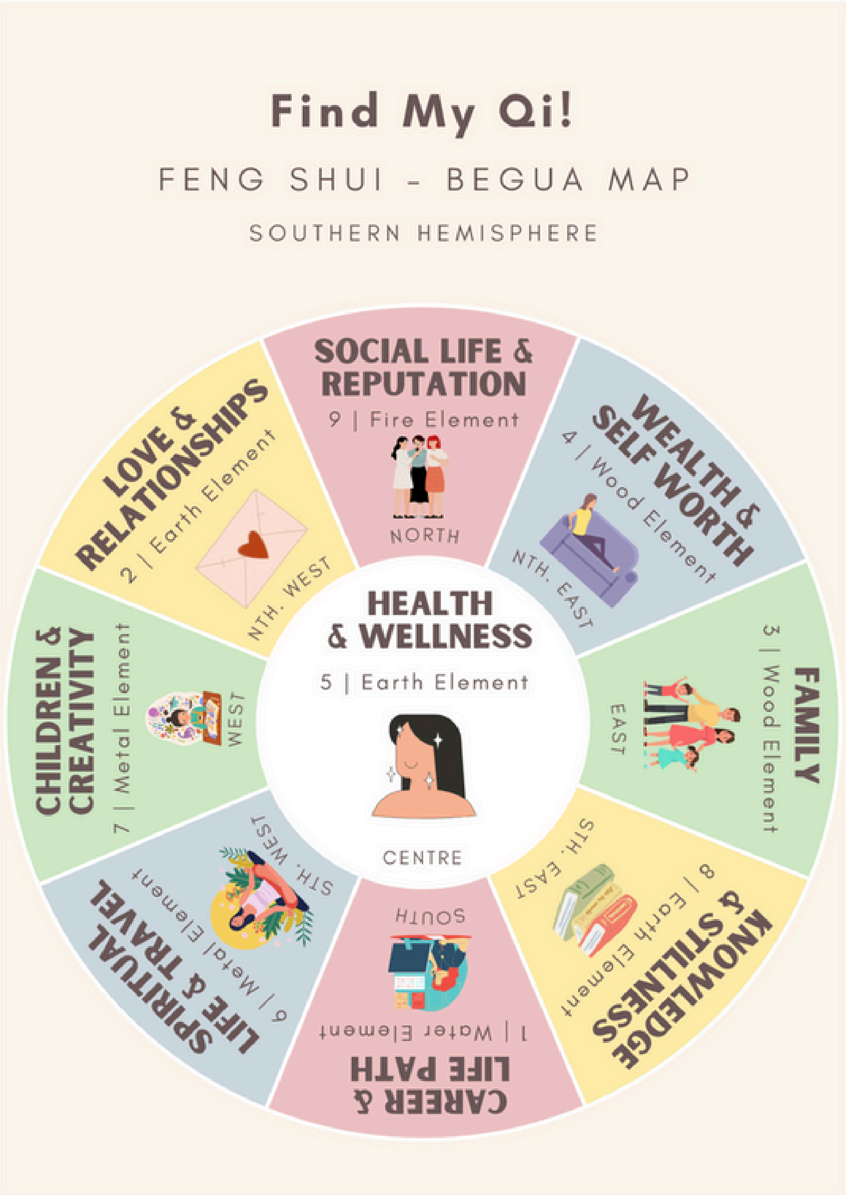
Mid North Coast, NSW
0416 659 509
support@heartconnections.com.au
BODHI HEART
WELL-BEING RESPITE/STA FOR NDIS PARTICIPANTS
Bodhi Heart Well-being STA/ Respite Retreats support NDIS funded participants reach their goals, have new experiences, connect to community and foster social interaction. Our retreats offer mindfulness based programs, healing and outdoor activities, creative and fun workshops, nutritious meals, delivered in an all inclusive environment, in select beautiful properties throughout the Mid- North Coast of NSW.
Optional Activities
Gentle Yoga
Mediation Introduction
Breathwork
Sound Healing
Massage
Reiki
Nature Walks
Vision Boards Affirmations Card
Creation Cooking & Baking
Music & Art
Dance & Entertainment
Horse Riding
And more!
Our staff are comprised of experience and skilled support workers, therapists and healers. All NDIS compliant.
STA Retreats are between 3 to 14 nights, individualised to suit participants needs & funding. 1:1 1:2 or 1:3 options, available.
Contact us today to find out more.
support@heartconnections.com.au
0416 659 509
Next STA Retreat:
14 - 18th November
Port Macquarie

FLYER

HASTINGS VALLEY RESPITE
SHORT-TERM ACCOMMODATION FOR NDIS PARTICIPANTS
Hastings Valley, NSW
Our Four Day Immersive Experience is thoughtfully designed to enhance the well-being of NDIS participants and form connections.
Next Immersive Well-Being Retreat:
21st - 25th November, Port Macquarie
Offerings
A combination of activities, workshops and experiences:
Create
Outdoor nature and adventure
Wellbeing and relaxation based
Support to foster connection
Joy
Activities are tailored to suit the participants needs, each experience is unique... what would you like to explore?
Enquire today.
Our experiences offer a unique opportunity for NDIS participants relax, build capacity, work towards goals, and explore new experiences, connect and socialise with other participants, all while engaging with the community in meaningful ways.
Participants can enjoy a diverse range of activities and outings, complemented by beautifully prepared, home-cooked meals that are both nutritious and delicious. This experience also provides a valuable break for regular support workers, ensuring that everyone involved benefits.
OTHER SHORT-TERM ACCOMMODATION OFFERINGS:
Back on Track Intensive Program
Developed by industry experts and therapists, this program is designed to support NDIS participants needing psychosocial recovery. Available for 7 - 14 days, 1:1 STA support.
Our team consists of experienced and skilled support workers, therapists, educators, and healers; all fully compliant with NDIS Standards.
STA can be delivered 1:1, 1:2, or 1:3 using Core Supports and Short-term Accommodation line items. Tailored to suit individual needs and funding.
Contact us today to find out more.
support@hastingsvalleyrespite.com.au
0416 659 509
www.hastingsvalleyrespite.com.au

FLYER

BEGUA MAPS


Find My Qi!
FENG SHUI - BEGUA MAP
SOUTHERN HEMISPHERE
SOCIAL LIFE & REPUTATION
9 | Fire Element
NORTH
WEALTH & SELF WORTH
4 | Wood Element
NTH. EAST
FAMILY
3 | Wood Element
EAST
KNOWLEDGE & STILLNESS
8 | Earth Element
STH. EAST
CAREER & LIFE PATH
1 | Water Element
SOUTH
SPIRITUAL LIFE & TRAVEL
6 | Metal Element
STH. WEST
CHILDREN & CREATIVITY
7 | Metal Element
WEST
LOVE & RELATIONSHIPS
2 | Earth Element
NTH. WEST
HEALTH & WELLNESS
5 | Earth Element
CENTRE


Find My Qi!
FENG SHUI - BAGUA MAP
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2 | Earth Element
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CENTRE

EBOOK


International Tax Strategies & Corporate Strategies
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Don't let Personal Tax Residency confuse you
Getting rid of your Personal Tax Residency in your home country
The Exception to the rule
What's Next?
Glossary
A Guide for Digital Nomads, Online Entrepreneurs, Location Independent Business Owners, Travelpreneurs, Remote Workers and all other Wanderers of the World.
thank you
Kathleen Di Paolo
INTERNATIONAL CONSULTANT
Dear Reader,
thank you
Fundamentals about Personal Tax Residency
1
2
3
4
5
6
Don't let Personal Tax Residency confuse you


Getting rid of your Tax Residency in your Home Country
wanderers wealth
FIRST AUTOMATIC UK TEST
AUTOMATIC OVERSEAS TEST
AUTOMATIC UK TEST
AUTOMATIC OVERSEAS TEST
SUFFICIENT TIES TEST
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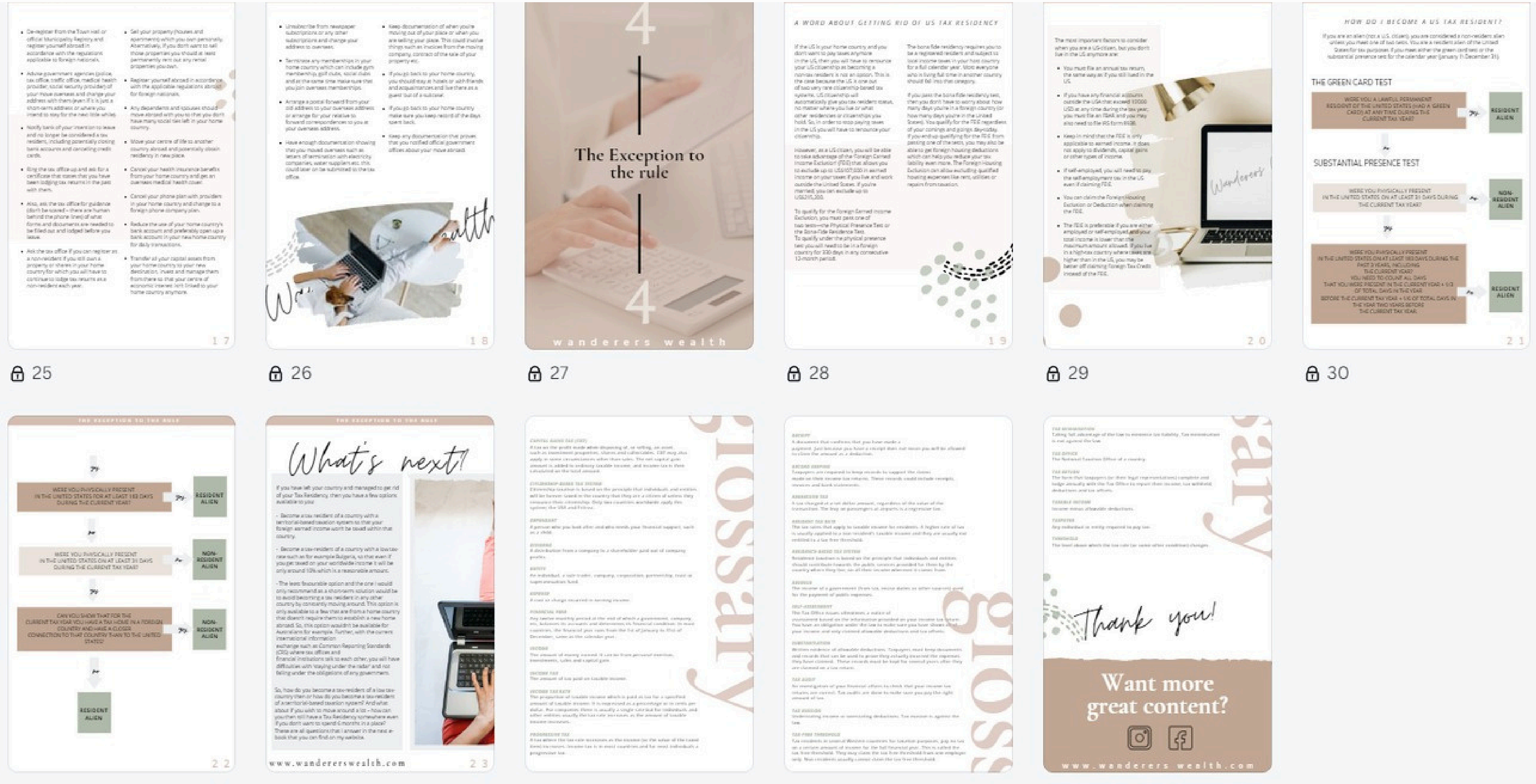
THE RESIDES TEST
DOMICILE TEST
183 DAY TEST
SUPERANNUATION TEST
Wanderers Wealth



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The Exception to the rule
wanderers wealth
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A WORD ABOUT GETTING RID OF US TAX RESIDENCY
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HOW DO I BECOME A US TAX RESIDENT?
THE GREEN CARD TEST
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TEMPLATE SUITE